Newsletter from Parahitam Foundation

MATIHIV

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Kannada Dindima

We took up a unique initiative to spread and share the beauty of Kannada in November, it being the month that marks Kannada Rajyotsava. Lesser known Kannada words but most oftenly used with English alternatives were shared on all social media platforms along with their meanings and usage. It was heartwarming to receive very good response from many. We wish and pray- May Kannada grow, may Karnataka Maathe bless everyone!

ಕನ್ನಡ ಡಿಂಡಿಮ

ಎಲ್ಲರಿಗೂ ನಮಸ್ಕಾರ. ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಪ್ರಯುಕ್ತ, ಇಂದಿನಿಂದ ಆರಂಭಿಸಿ, ಒಂದು ತಿಂಗಳ ಕಾಲ, ಪ್ರತಿದಿನ ಒಂದು ಕನ್ನಡ ಪದದ ಪರಿಚಯ ಮಾಡಿಕೊಡುತ್ತೇವೆ.

ನೀವು ಓದಿರಿ ಮತ್ತು ಇದನ್ನು ಪಸರಿಸಿರಿ.

ಕನ್ನಡ ಮಾತೆಗೆ ನಮ್ಮಿಂದ ಈ ಪುಟ್ಟ ಸೇವೆ ಸಲ್ಲಲಿ.

ಕನ್ನಡ ಎನೆ ಕುಣಿದಾಡುವುದೆನ್ನೆದೆ!





Learning is Fun

What are the constituents of light? What is a prism? How is a rainbow formed? We explained about these and many more such concepts of science to kids of a shelter home, through simple experiments.

We also taught kaagunita, which is formation and graphic representation of a consonant combined with vowels and other grammar concepts of kannada language.

They enjoyed learning them!

Additionally, we are conducting classes to the children of the shelter home during weekdays. Our volunteers from SDM Ayurveda College are teaching English, Science and Maths to the kids.





In addition to this, we celebrated children's day by distributing home-made sweets to all the children.

Paper cover making

There are a number of reasons to say no to plastic bags. We must stop using them to better our environment and save it from degradation. It is time for us to stand united to fight this evil called plastic pollution.





As a step towards it, our volunteers made paper bags and gave them away to various shopkeepers and street vendors at the Annual Groundnut Fair, Kadalekai Parishe, held near the Dodda Ganesha Temple in Basavanagudi.

We even urged people to make paper bags of their own and use it instead of plastic bags and covers.

Food donations

Large gatherings at functions often see wastage of food. We coordinated to donate left-overs on two such occasions.



Each birthday of 11 volunteers was celebrated by distributing food to old age homes and orphanages.



The Joy of Saving Lives!

We coordinated to arrange blood donors for at least 5 patients in various hospitals of the city.



"Heal the Earth to seal our future!"

Our tree de-nailing event near Vijaynagar, was done on 2 Sunday's with joint efforts of volunteers and the public, working on an average 3-4 hours. The nails, brackets, rods, staples and other metal objects from the trees were pulled out and removed. Our event saw the participation of public irrespective of age, who enthusiastically took part and supported this social cause. Many pledged to never pierce trees with foreign objects, and not let anyone else do so. Each participant took home a special gift arranged by our NGO.







Impact story:

The other day, A friend of one of our volunteers, replied to our story about the tree de-nailing event, talking about the impact that the event had made. They said, "There is a tree outside my house. It's like a friend to me. I grew up with it. But I hadn't noticed the pins on it until I saw your stories. I found multiple nails and pins on it when I checked and now I've removed each one of it." Small steps add up to big results, they help you see progress and stay motivated. Starting with small steps can have a meaningful impact now and for generations to come.

Recognition is a great motivator

Sri Sudhakara Jain, who is a photojournalist, conducts extra curricular activities like Yakshagana at his house for government school kids. Once when he asked whether anyone can volunteer to teach English to those kids, Parahitam Foundation went forward to conduct English classes. We have been conducting classes during weekdays.

On 24/12/2022, Sri Sudhakara and Samashti organization had organised a drama at Ravindra Kalakshetra, in support of government school kids. In the event, Parahitam Foundation was felicitated for the efforts being put to teach English to the kids.

We sincerely thank Sri Sudhakara and his team for this recognition.



Save Us





Quote Box

Although the tree
is abundant with fruits,
it does not desire
a single fruit.
Its fulfillment is in
the contentment of others.
Benevolence is the
characteristic element
of humanity.



Volunteers' Voice

Education is whose responsibility?

As soon as this question popped up, a series of witness boxes where the accused stand in courtroom, appeared to me. My teachers and many more people were standing in it, including myself. Parents who were scolding me for scoring lesser marks and praising the neighbour kid for scoring more marks, the teacher who was mocking me for reading wrong and made everyone laugh at my reading, the old man at the shop who was calling me 'thief' everytime when I was caught taking 2 dishes but paying only for 1 dish, the bus conductor who beat me in front of everyone for not taking the ticket. I was able to picturise many such people standing in the witness boxes.

'Mother is the first teacher' is a famous saying. This means there are other teachers after the mother. So the path to our education depends on how those teachers would be. While the mother becomes the first teacher, will the other teachers be like mothers? A child finds solace in such teachers who take place of mothers. But if a teacher doesn't correct a child's mistakes like a mother does, the child may become a criminal in future. It's a mother's heart which protects the child from committing mistakes, rather than waiting for it to commit mistake and then scold it.

The next question is whether it is enough only if the teacher becomes mother-like. No, everyone around the child has to show a motherly heart towards the child. Only then will all the children become good citizens and fortune for the nation.



Education is not that which takes place inside a school within 4 walls, 3 windows and a door. When the surrounding world becomes a classroom, everyone of us ought to be teachers. Every teacher has to be like a mother.

While signing off, I feel that there is much more responsibility on me towards students. Maybe, the mother in your heart too, would agree that education is everyone's responsibility.



- Sudhakar Jain Hosabettu Guttu



Volunteers' Voice

Mangal Pandey

As we recall the first battle for Indian independence, there is always the indivisible thought of a great patriot and a fighter, Mangal Pandey. Mangal Pandey, being an Indian soldier, straight away assumed a very important responsibility in the battle of 1857.

He is celebrated as the honourably martyred soldier of the first battle of independence on April 8th 1857. He was also a soldier of the British East India Company. In India, Pandey is remembered as the Fighter against the British rule, for freedom!

Mangal Pandey belonged to a family of Bhumihaar Brahmins. He joined the East India company at the age of 22 in the year 1849. Pandey was a part of the 34th Bengal local regiment, 6th company.

Pandey was brought to the eternal limelight of history during March 1857. The cartridges of bullets of the new Enfield - P rifle, introduced by the British, were coated with the grease derived from the meat of cow and pork. The soldiers of the regiment had to bite the back of these cartridges to open them.

On the receipt of this news, the Hindu and Muslim soldiers in the regiment became tempestuous. This is because the cow is holy for the Hindus and pork is shunned by the Muslims. This caused religious agony among the soldiers and protested against the same.



A mere reason was enough for the boiling rage against the British rule in India. Keeping this incident in mind, Mangal Pandey, on the 29th of March 1857, shot down Sergeant-Major Hewson and Lieutenant Baugh. Pandey was taken into custody. Further, in 1857, the British had taken the whole nation into control under the name of East India Company. On the 10th of May, 1857, the Cantonment area of Meerut was a conflict between the Indian and the British sepoys, known as the 'Sepoy Mutiny' or 'Indian Rebellion'.

During this period, Pandey's attempt to surrender failed. Wounded Pandey was hanged at Barrackpore (Kolkata) on April 8, 1857 upon the orders of the British government.

The Government of India has issued a postage stamp to commemorate him. His valorous life and ventures have been depicted in several movies.

In recent years, Sri Ramachandrapur Mutt, which is committed to save the Indian cow breed, fought for the protection of the cow by organizing a program called 'Mangala Goyatra' from 11 November 2016 to 29 January 2017 in memory of Mangal Pandey.



- Akshatha Hebbar



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